



**HOUSE OF SUNSHINE**

ESTABLISHED 1977

# Small Intestine Cleanse

This cleanse is designed to work on the entire digestive system. It's a good starter cleanse for people who have never tried herbs because what you see is usually what you can believe and you always see results with this cleanse.

1 or 2 **Food Enzymes, Proactazyme, or PDA Combination** per meal.

1 or 2 tablespoons of **Aloe Vera Juice** before each meal.

2 **Small Intestine Detox** capsules after every meal, opened into a beverage of some kind.

2 **CLT-X** after each meal to calm bowel.

Enough of a bowel cleansing combination to have three bowel movements a day.

Add **Slippery Elm** and **Psyllium Hulls** if you have a touchy colon.

5 **Black Walnut** per meal (If you suspect parasites).

It is best to take this cleanse until you have had two weeks free of mucous and parasites. Remember, the average bowel takes at least a year to cleanse.

Many people take this when they feel fat or under par. It's a good starter cleanse for people who have never tried herbs because what you see is usually what you can believe and you always see results with this cleanse. Fat people lose weight on this cleanse and thin people gain.

This cleanse is designed to work on the entire digestive system. This includes the mouth, esophagus, stomach, small intestine and large intestine. Many people don't realize it, but they have a thick mucus coating the length of their digestive tract. This mucus gets hard like plastic or glass. It becomes hard for the person to absorb their nutrients, including herbs and vitamins. Many fat people eat so much because they are actually starving. They aren't absorbing what the body needs. The Small Intestine cleanse is designed to dissolve and release this mucus, along with pushing out old fecal material from various bowel pockets. It also purges free-loaders (parasites).