



# Tea Tree Oil Uses

Cough & Congestion - add a few drops to vaporizer & also rub on chest.

Sore Throat - 3 to 6 drops in warm water and gargle.

Earaches - 1 to 2 drops in ear. (You can also dab lavender oil around the ear or put CBG drops in the ear internally as well as orally)

Sinus - Rub around sinuses or put a little on cotton and hold against nose.

Mouth ulcers, bleeding gums - 3 to 4 drops in water as mouthwash or add a drop to toothpaste.

Muscle Ache - rub into muscles before and after sports.

Cuts & abrasions - will remove pus filled infections.

Dandruff or itchy scalp - 10 to 15 drops in shampoo.

Mosquito bites and stings - dab on oil.

Fingernail or toenail infections - Soak nail then message in oil.

Pimples, acne - dab on three times a day.

Nits or lice - 10 to 15 drops in a small amount of water and soak hair. Leave on 3 to 5 minutes the rinse. Repeat in a few days.

Ticks - apply oil to kill parasite, then remove and reapply oil to area where tick was.

Diaper rash - put a few drops of warmed oil in baby lotion. Don't use the pure oil on rash.

Cradle cap - mix with olive oil and rub into scalp the wash.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any diseases.